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The Anatomy of Peace: Resolving the Heart of Conflict

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THE INTERNATIONAL BESTSELLER BY THE AUTHORS OF
Leadership and Self-Deception

THE ANATOMY OF PEACE



*resolving the heart
of conflict*



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SECOND EDITION

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The Arbinger Institute : The Anatomy of Peace: Resolving the Heart of Conflict before purchasing it in order to gage whether or not it would be worth my time, and all praised The Anatomy of Peace: Resolving the Heart of Conflict:

2 of 2 people found the following review helpful. Great Book with Lasting LessonsBy Dawn A.This is a must read for

everyone!!! This book teaches you how to live in peace, even as you deal with difficult situations!!! It is very well written and explains the process through a story that not only makes it easier to understand, but also draws you in and helps you learn real ways to apply these teachings to your life!!! 0 of 0 people found the following review helpful. New perspectives
By Rysface I read this book because it was required of me when I started a new job. The CEO of the company said this book changed his life and wanted to share it with all of his employees. I wouldn't say that this book changed my life, but it certainly did open my perspective on my relationships with others. I would recommend this to anyone that is looking for ways to help improve their communication and interactions with others.
1 of 1 people found the following review helpful. We have the power within to make the world a better place. Thank you to the Arbinger Institute for ...
By Randall B. At age 11, in a program performed by the students, my elementary school had the whole student body sing the song "Let there be peace on Earth". The message sunk deep into the heart of this little boy. Now, 50 years later, I have finally found a book that outlines a method of understanding why peace is not a normal experience in this world and what we can do about it, as individuals, to change that condition. We have the power within to make the world a better place. Thank you to the Arbinger Institute for this insightful book.

NEW EDITION, REVISED AND UPDATED
What if conflicts at home, conflicts at work, and conflicts in the world stem from the same root cause? What if we systematically misunderstand that cause? And what if, as a result, we systematically perpetuate the very problems we think we are trying to solve? Every day.
From the authors of *Leadership and Self-Deception* comes an international bestseller that instills hope and inspires reconciliation. Through a moving story of parents who are struggling with their own children and with problems that have come to consume their lives, we learn from once-bitter enemies the way to transform personal, professional, and global conflicts, even when war is upon us.

From Publishers Weekly
The premise of this follow-up to *Leadership and Self-Deception* is simple: people whose hearts are at peace do not wage war, whether they're heads of state or members of a family. In this semi-fictional narrative ("inspired by actual events") illustrating the principles of achieving peace, the setting is a two-day parent workshop at an Arizona-based wilderness camp for out-of-control teenagers, but the storyline is a mere setting for an instruction manual. Workshop facilitators Yusuf al-Falah, a Palestinian Arab whose father was killed by Israelis in 1948, and Avi Rozen, an Israeli Jew whose father died in the Yom Kippur War, use examples from their domestic lives and the history of their region to illustrate situations in which the normal and necessary routines of daily life can become fodder for conflict. Readers observe this through the eyes of one participant, a father whose business is in nearly as much trouble as his teenage son. The usefulness of the information conveyed here on how conflicts take root, spread and can be resolved more than compensates for the pedestrian writing. Copyright copy; Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. "A book that could change the face of humanity."
—Marion Blumenthal Lazan, Holocaust survivor and bestselling author
"I loved *Leadership and Self-Deception*, and *The Anatomy of Peace* takes it to the next level, personally and professionally."
—Adel Al-Saleh, President, IMS Health Europe, Middle East and Africa
"The most powerful tool I've seen for finding real, lasting peace—in families, organizations, communities, and nations."
—Pamela Richarde, Past President, International Coach Federation
From the Inside Flap
"A BOOK THAT COULD CHANGE THE FACE OF HUMANITY."
—Marion Blumenthal Lazan, Holocaust survivor and bestselling author
"After years of applying these ideas with youth and their parents, I can say that this is powerful medicine for the soul. These ideas change hearts, heal deep wounds, and bring parents and children together."
—Mike Merchant, President and Chief Executive Officer, Anasazi Foundation
"A stunning work of wisdom and insight... Everyone, from neighbors to the heads of nations, ought to read and live the teachings of this book."
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"This is a masterful and important work that shows how we blame others for problems we ourselves have created. It gently leads the reader to take a hard look in the mirror."
—Scott Barton, Sr. VP, Capital One
"To adopt the essence of this book is the true roadmap for peace."
—Eytan Bentsur, Former Director General, Israel Ministry of Foreign Affairs