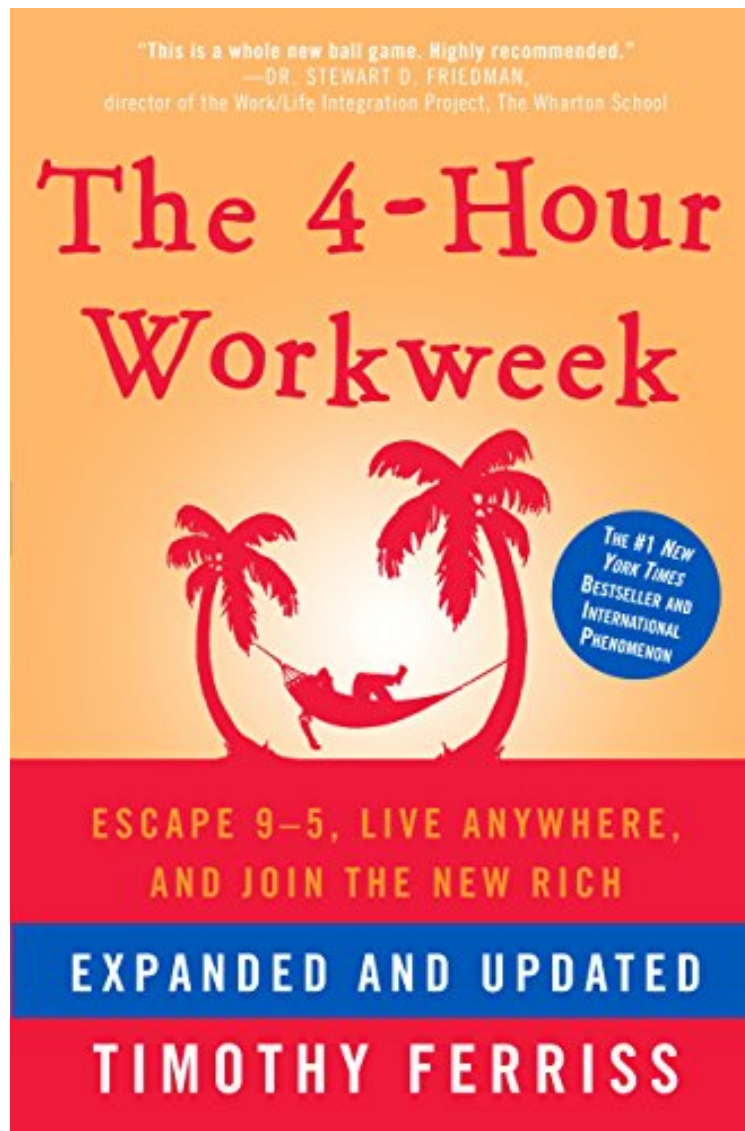


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## **The 4-Hour Workweek, Expanded and Updated: Expanded and Updated, With Over 100 New Pages of Cutting-Edge Content.**

*Timothy Ferriss*

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**Timothy Ferriss : The 4-Hour Workweek, Expanded and Updated: Expanded and Updated, With Over 100 New Pages of Cutting-Edge Content.** before purchasing it in order to gage whether or not it would be worth my time, and all praised The 4-Hour Workweek, Expanded and Updated: Expanded and Updated, With Over 100 New Pages of Cutting-Edge Content.:

387 of 407 people found the following review helpful. He claims his methods can be applied universally, but I'm not

so sure. By bookworm the millionth I had heard a lot of people rave about this book before I finally picked it up and decided to read it for myself. I'm glad that I read it, but I don't think it was quite as life-changing for me as it was for some of my friends. Don't get me wrong, Ferriss makes some excellent points and he's got some really great tips and tricks in here, I'm just not sure how universal they really are. First of all, when I picked up the book, I didn't expect that he was literally working only four hours a week. I thought he was just talking about ways to spend less time working, but that "The 4-Hour" just sounded good (since he now has a whole line of books with titles that start that way). Nope. Turns out he really only worked four hours every week for a few years. I hate him. Now, with his series of books and everything, that's not true so much, so I hate him less. Now his job is much more similar to what I actually want to do. As I said, Ferriss has some great ways of eliminating clutter and busywork, including things you don't even think of as busywork. I've already started implementing some of these tips at work, and they've come in pretty handy so far. I keep meaning to get rid of a bunch of my physical clutter, but my laziness keeps getting in the way of that. I'll get around to it in the next few weeks. I also appreciated his philosophy of taking mini-retirements throughout life, rather than one long retirement at the end of life. I never did understand the point of retirement, so Ferriss's plan sounds much more appealing to me. As he put it, retirement should be nothing more than a fail-safe in case something happens and you are physically (or mentally) incapable of working. My thoughts exactly. My main problem with his philosophy is that it really only works if you have a product that you are not actually making, but that you can sell. For example, even if I were to quit my day job and write all day every day, I would still be working a lot. Granted, that would make my job a whole lot more portable, but I could never get away with only working four hours per week (at least not until after I sell that bestselling novel, which is such a realistic plan!) In order to do it his way, I would need to have something that is already produced, or that someone else is making (clothes, dietary supplement, etc.) where all I have to do is collect the money that comes in from those sales. Of course, that's a lot harder than it sounds. His ways of eliminating the useless from his life are really quite impressive, and not to be underestimated, but I still wonder if someone in their twenties, who is just starting out in life, can really make his plan work? Some of his success stories include people negotiating working remotely, because they have built up value in their company. Someone who has only been working at their current job for a year or two does not have the kind of leverage necessary to do that. Additionally, he talks about the trick to getting out of your job so you can go have that great once-in-a-lifetime adventure. He mentions considering the worst-case scenario and the fact that worst-case is not necessarily all that bad. One of his points he brings up is that, if he loses his job, he can get another one fairly easily. Well, great for him, but the original book was written before the job market collapsed, followed by this lovely "jobless recovery". I was recently unemployed for eight months and it was not fun. I, too, thought I could get another job within a few months, but that did not turn out to be the case. So, if I go spend all my money on a mini-retirement now, and then come back only to find that I can't get a job for another year, I'll be screwed. Yes, even that worst-case scenario isn't that bad. I could always move back in with my parents, but I'd really rather not. I love them, but they have enough to deal with right now, and the last thing I want to do is burden the people around me because I decided to go globe-trotting for a few months. Timothy Ferriss told me it would be fine!

0 of 0 people found the following review helpful. Great and enlightening perspective! By Sheryl Floris Love Tim Ferriss' different and enlightening perspective! Really makes you think about how we live our lives and brings to light things we don't tend to think about. Good strategies for being more productive!

0 of 0 people found the following review helpful. Tim Ferris is A+ By Wes H what a great book! Would highly recommend to anyone looking to increase their success in life.

The New York Times bestselling author of *The 4-Hour Body* shows readers how to live more and work less, now with more than 100 pages of new, cutting-edge content. Forget the old concept of retirement and the rest of the deferred-life plan; there is no need to wait and every reason not to, especially in unpredictable economic times. Whether your dream is escaping the rat race, experiencing high-end world travel, or earning a monthly five-figure income with zero management, *The 4-Hour Workweek* is the blueprint. This step-by-step guide to luxury lifestyle design teaches:

- How Tim went from \$40,000 per year and 80 hours per week to \$40,000 per month and 4 hours per week
- How to outsource your life to overseas virtual assistants for \$5 per hour and do whatever you want
- How blue-chip escape artists travel the world without quitting their jobs
- How to eliminate 50% of your work in 48 hours using the principles of a forgotten Italian economist
- How to trade a long-haul career for short work bursts and frequent "mini-retirements"

The new expanded edition of Tim Ferriss's *The 4-Hour Workweek* includes:

- More than 50 practical tips and case studies from readers (including families) who have doubled income, overcome common sticking points, and reinvented themselves using the original book as a starting point
- Real-world templates you can copy for eliminating e-mail, negotiating with bosses and clients, or getting a private chef for less than \$8 a meal
- How Lifestyle Design principles can be suited to unpredictable economic times
- The latest tools and tricks, as well as high-tech shortcuts, for living like a diplomat or millionaire without being either

From the Hardcover edition.

Tim is Indiana Jones for the digital age... Simply put, do what he says and you can live like a millionaire. --Albert

Pope, Derivatives Trading, UBS World Headquarters Stunning and amazinghellip;. Whether you're a wage slave or a Fortune 500 CEO, this book will change your life. --Phil Town, #1 New York Times bestselling author of Rule #1 "It's about time this book was written. It is a long-overdue manifesto for the mobile lifestyle, and Tim Ferriss is the ideal ambassador. This will be huge."-Jack Canfield Co-creator of "Chicken Soup for the Soul(R)," 100+ million copies sold "This is a whole new ball game. Highly recommended."-Dr. Stewart D. Friedman Adviser to Jack Welch and Former Vice President Al Gore on Work/Family Issues Director of the Work/Life Integration Project, The Wharton School, University of Pennsylvania "Stunning and amazing. From mini-retirements to outsourcing your life, it's all here. Whether you're a wage slave or a Fortune 500 CEO, this book will change your life!"-Phil Town #1 New York Times Bestselling Author of "Rule #1 ""The 4-Hour Workweek is a new way of solving a very old problem: just how can we work to live and prevent our lives from being all about work? A world of infinite options awaits those who would read this book and be inspired by it!" -Michael E. Gerber Founder Chairman of E-Myth Worldwide and the World's #1 Small Business Guru "Timothy has packed more lives into his 29 years than Steve Jobs has in his 51."-Tom Foremski Journalist and Publisher of SiliconValleyWatcher.com "Thanks to Tim Ferriss, I have more time in my life to travel, spend time with family and write book blurbs. This is a dazzling and highly useful work."-A.J. Jacobs Editor-at-Large, Esquire Magazine, Author of "The Know-It-All ""If you want to live life on your own terms, this is your blueprint."-Mike Maples Co-founder of Motive Communications (IPO to \$260M market cap), Founding Executive of Tivoli (sold to IBM for \$750M) "Tim is Indiana Jones for the digital age. I've already used his advice to go spearfishing on remote islands and ski the best hidden slopes of Argentina. Simply put, do what he says and you can live like a millionaire." "-Albert Pope Derivatives Trading, "UBS World Headquarters "This engaging book makes you ask the most important question that you will ever face: What exactly is it that you want out of work and life, and why? Tim Ferriss is a master of getting more for less, often with the help of people he doesn't even know, and here he gives away his secrets for fulfilling your dreams."-Bo Burlingham Editor-at-Large, "Inc." magazine Author of "Small Giants: Companies That Choose To Be Great Instead of Big ""Reading this book is like putting a few zeros on your income. Tim brings lifestyle to a new level-listen to him!"-Michael D. Kerlin McKinsey Company Consultant to Bush-Clinton Katrina Fund J. William Fulbright Scholar" ""Part scientist and part adventure hunter, Tim Ferriss has created a road map for an entirely new world. I devoured this book in one sitting-I have seen nothing like it."-Charles L. Brock Chairman and CEO, Brock Capital Group Former CFO, COO, and General Counsel, Scholastic, Inc. Former President, Harvard Law School Association "Outsourcing is no longer just for Fortune 500 companies. Small and mid-sized firms, as well as busy professionals, can outsource their work to increase their productivity and free time for more important commitments. It's time for the world to take advantage of this revolution."-Vivek Kulkarni CEO Brickwork India and former IT Secretary, Bangalore Credited as the "techno-bureaucrat" who helped make Bangalore an IT destination in India "Tim is the master! I should know. I followed his rags to riches path and watched him transform himself from competitive fighter to entrepreneur. He tears apart conventional assumptions until he finds a better way." -Dan Partland Emmy Award-Winning Producer"; American High, Welcome to the Dollhouse ""The 4-Hour Workweek" is an absolute necessity for those adventurous souls who want to live life to its fullest. Buy it and read it before you sacrifice any more!"-John Lusk Group Product Manager, Microsoft World Headquarters "If you want to live your dreams now, and not in 20 or 30 years, buy this book!"-Laura Roden Chairman of the Silicon Valley Association of Start-up Entrepreneurs Lecturer in Corporate Finance, San Jose State University "With this kind of time management and focus on the important things in life, people should be able to get 15 times as much done in a normal work week."-Tim Draper Founder, Draper Fisher Jurvetson Financiers to innovators including Hotmail, Skype, and Overture.com "Tim Ferriss's book is about gaining the courage to streamline your life... But even more than that, it challenges the reader to seriously consider an essential-yet rarely asked-question: What do you really want from life?"-Rolf Potts Author of "Vagabonding" and Travel Columnist for Yahoo! News "Tim has done what most people only dream of doing. I can't believe he is going to let his secrets out of the bag. This book is a must read!"-Stephen Key Top Inventor and Team Designer of Teddy Ruxpin, Lazer Tag Consultant to "American Inventor" About the Author TIM FERRISS received his B.A. degree from Princeton University in 2000. Nominated as one of Fast Company's 'Most Innovative Business People of 2007', he runs a multinational firm from wireless locations worldwide and is a regular lecturer at Princeton University, where he presents entrepreneurship as a tool for ideal lifestyle design and world change.