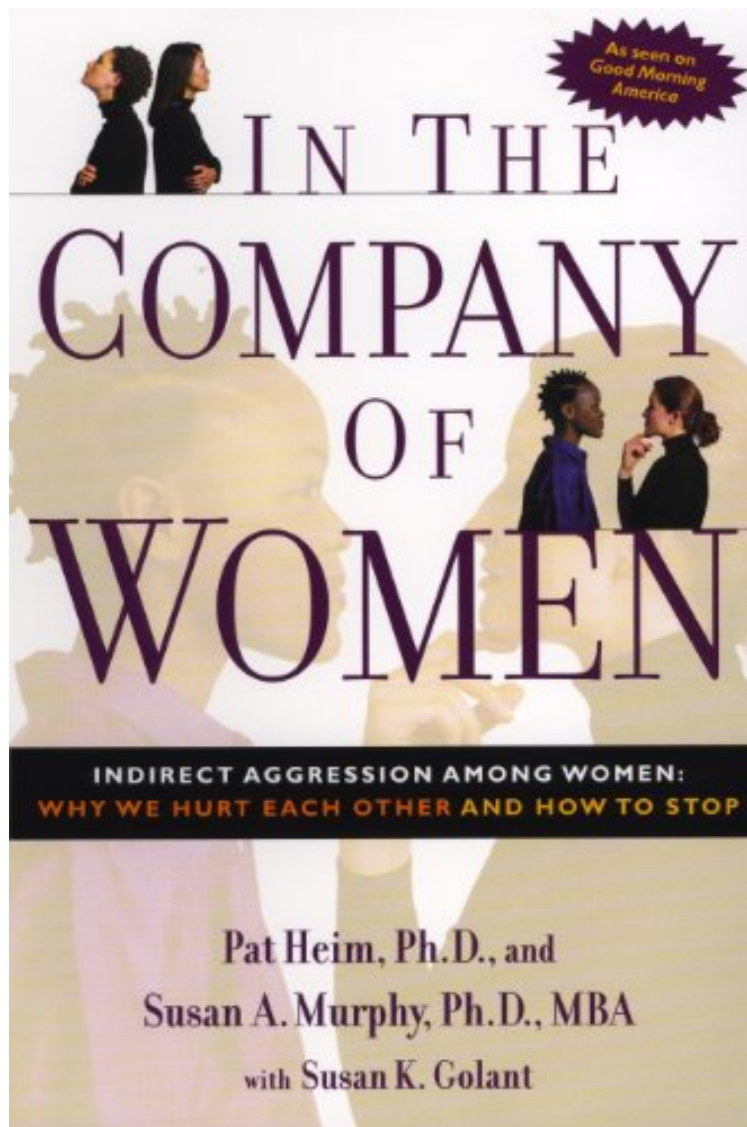


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In the Company of Women: Indirect Aggression Among Women: Why We Hurt Each Other and How to Stop

Pat Heim, Susan Murphy

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Pat Heim, Susan Murphy : In the Company of Women: Indirect Aggression Among Women: Why We Hurt Each Other and How to Stop before purchasing it in order to gage whether or not it would be worth my time, and all praised In the Company of Women: Indirect Aggression Among Women: Why We Hurt Each Other and How to Stop:

2 of 2 people found the following review helpful. Amazing!By CustomerThis book is amazing and put so many things into perspective for me. Why hasn't anyone else come up with a book that describes women so well. I've already asked

my husband to read the book, and all men should, to understand women at home and at work. Usually when I buy some kind of psychology or self help book I only get through the 1st chapter - they are soooo boring! This book is so well written I couldn't put it down. The book describes why women are the way they are - biologically, how we are raised, why we relate to each other the way we do. I have learned a lot about myself and how I'm raising my daughter. The "dead-even rule" explains how women relate to each other, biologically how women are programmed to help each other for survival and insight such as, "Girls are expected to be humble; they are taught not to take the spotlight but rather to emphasize the ways in which they are just like everyone else while downplaying what makes them special." This statement and others show how socially, what we teach girls later hurts us in the workplace. I not only understand myself and all women better, I'm no longer embarrassed to be woman because of our "behavior". There is a reason for it! I cannot say enough great things about this book!! It should be a must-read for highschool and college to get a great perspective on women when we are just starting to figure ourselves out. 6 of 6 people found the following review helpful. Sad but true
By A Reader
The authors provide great insights into why women are the way we are, as well as methods for working with the dynamics. However, while the insights definitely resonated with me, it saddened me to have my suspicions validated. I kept thinking "why does it have to be this way?" I would prefer to see the socialization process changed rather than devise ways to work around such petty destructive behavior. 1 of 1 people found the following review helpful. Five Stars
By 1994
This books gets at the very core of conflicts among women in the workplace.

In the Company of Women explains how indirect, or "relational," aggression can hurt women and hinder them from achieving success and harmony in their adult lives. Gender studies have shown that when a goal is in sight, men generally use direct action to attain it. Women, on the other hand, have been socialized to express aggressive actions through indirect means-using behavior such as shunning, stigmatizing, andnbsp;With startling insights into the meaning of our everyday behavior, this book offers straightforward techniques to change conflict among women into cooperation by resolving discords peaceably, building relationships, and making the most of women's unique leadership and communication skills.nbsp;

From Publishers Weekly
Now that women own nearly 50% of all businesses, the authors reason, women's worst enemies at work are just as likely to be other women. To support their thesis, which may offend some readers but will also generate attention, the authors both business consultants address differences between women's and men's behaviors. Declaring that women should be more conscious of their reaction if other women try to undermine a promotion or honor coming their way, they suggest, "that's the price we have to pay for the strong alliances we make with other women." This provocative, practical book deserves a wide readership. Copyright 2001 Cahners Business Information, Inc. Every women who works should read this groundbreaking book. -- Clair Raines, co-author of Generations at Work
Powerful, eye-opening, smart reading. -- Susan Estrich, author of Sex and Power
What a terrific and inspirational read! -- Judy George, author of The Intuitive Businesswoman
About the Author
Pat Heim, Ph.D., is an internationally known speaker and consultant.nbsp; Her Los Angeles firm, Heim Associates, has been providing services in the areas of leadership, communication, team building, and gender differences to hundreds of organizations, including ATT, the Los Angeles Times, General Motors, the American Medical Association, and Price Waterhouse.nbsp; She has a Ph.D. in communication from the University of Colorado.
Susan Murphy, Ph.D., MBA, is the president of Energy Engineering, Inc. Heim and Murphy speak about workplace gender issues to more than 50,000 individuals each year.