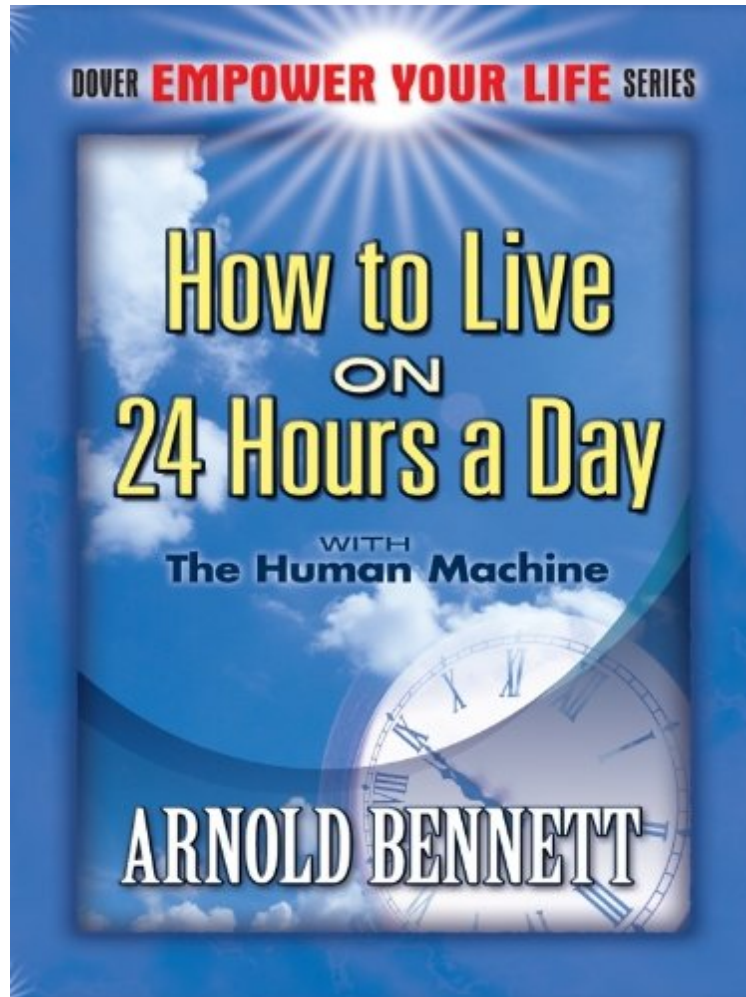


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How to Live on 24 Hours a Day: with The Human Machine (Dover Empower Your Life)

Arnold Bennett

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but even moreso, how to use our time wisely. We are each given 24 hours a day; there is no aristocracy, no bank of time, no borrowing, no lending. The rich and poor are both presented with time equally. The reader is then provided with insightful wisdom in how to better use the time. In the routines the author presents, happiness can be found. Truly a book on "How to Live". Simple, easy to read, yet more powerful than you would imagine. After reading this book, I went and bought an original hard cover edition in perfect condition (mind you, this is a book from the early 1900s, so it is the only book I have ever been willing to spend major money on for a hard cover). I recommend this to all ages and demographics as a "must read". 3 of 3 people found the following review helpful. A Timeless Gem By Kryptic The worth of this gem is indescribable. Nearly each line contains a wealth of knowledge worth reading and re-reading. The book is simply written and beyond expressive. Bennet understands the plight of the busy person and gives all readers valuable insight into practical ways at achieving. They just don't write books like these anymore. Do yourself a favour and read this book! 1 of 1 people found the following review helpful. Worth the time By Customer Altho written by a Brit with different cultural references and different sentence structuring, the information is accessible and worth implementation. I have read this book every January for 4 consecutive years. I always find a new element to employ. I use this as a centering guide for my upcoming year. It helps with many aspects of my daily endeavors.

Leave your everyday concerns behind and start focusing on your true desires! Achieve your full potential with proven techniques on: