

(Download pdf ebook) Blind Spots: Achieve Success by Seeing What You Can't See

Blind Spots: Achieve Success by Seeing What You Can't See

Claudia Shelton

*DOC | *audiobook | ebooks | Download PDF | ePub*



 Download

 Read Online

#1874560 in eBooks 2009-05-18 2009-05-18 File Name: B001C6MMWA | File size: 27.Mb

Claudia Shelton : Blind Spots: Achieve Success by Seeing What You Can't See before purchasing it in order to gauge whether or not it would be worth my time, and all praised Blind Spots: Achieve Success by Seeing What You Can't See:

2 of 2 people found the following review helpful. Improved living through better visionBy FlyOrDieTryin'I've read through the positive and negative reviews and would agree with most all that has been said in the former. I found the book most helpful relative to the dozens of self-help books I've read over the years. The author leverages the powerful (and unique to the human species) attribute of self-awareness by providing specific ways to develop a more thorough view of ourselves. Shelton then goes on to help the reader see how our strengths can have both positive and negative

effects on those around us, and how to better manage those in a way that will improve the quality of our relationships. An observation that has amazed many of us including the author is how many people, both intelligent and well-meaning wind up displaying self-destructive behaviors that ultimately limit or destroy their goals. This book explains why that happens and how it can be avoided. The lessons apply to every human endeavor from parenting to the pursuit of a CEO position. We're an interesting bunch, us humans. So much potential it's scary. With works such as "Blind Spots" we're a solid step forward to realizing that potential. 4 of 4 people found the following review helpful. A Powerful and Very Readable Book By jrcoaching What a rich and potentially life changing book. As a Business and Personal Coach, I will use both the book and Blind Spots Finder regularly with clients. This book is filled with information and insights that will benefit professionals as well as individuals on their own path to greater success and fulfillment. Just as we recognize that there are blind spots or things we can't see in our car mirrors, Claudia Shelton provides a way to see personal blind spots without judgement. Blind spots are opportunities for discovery and new possibilities. 0 of 0 people found the following review helpful. Five Stars By Debbie A good read.

Praise for Blind Spots "Shelton's open and candid style inspires trust among readers. Management teams and those making career choices can push their effectiveness up a notch with her skilled approach to facing blind spots and moving beyond them." —Rick McNutt, Executive Vice President, National City Bank "Blind Spots gives individuals a comprehensive, but very manageable, set of tools and strategies to see themselves differently. The stories of people whose lives have been changed by Shelton's principles and techniques enhance the strategies she presents. This is a compelling book with the power to improve lives dramatically." —Eleta A. Jones, PhD, LPC, Assistant Director, Center for Professional Development, University of Hartford "Shelton's approach to identifying blind spots goes to the heart of effective leadership. Such interest arose from this work that requests poured in for not only follow-on training regarding Blind Spots, but also for developmental coaching. Six months later, people are still talking about Blind Spots." —Jack Bergquist, Vice President, Kaman Aerospace "When I recognized my blind spots that made me underestimate my entrepreneurial strengths, I was able to move forward to launch a successful company. This book is a must for building resilience to face the challenges of a start-up." —Marilyn Nemarich, entrepreneur and owner, Marilyn's Pies "This book can teach you how to see inside yourself. As I was reading it, I kept thinking of the song On a Clear Day You Can See Forever. Learning about your blind spots leads to clear sight, which can create possibilities for innovation and growth." —Jane Hunt, Assistant Vice President for Executive Development, The Hartford Financial Services Group, Inc.

"Blind Spots motivates us to think differently, to push our skills to the next level and openly see and manage our Blind Spots. Claudia Shelton helps us to develop Clear Sight of where we want to go and how to get there. There is a clear difference in my performance level and the increased value I am bringing to the company." —Clare Hartman, VP, Pitney Bowes. From the Inside Flap Do you know why you're not getting a promotion, taking on new leadership roles, managing a team with top-notch effectiveness, or reaching your full potential in the workplace and in your personal relationships? Maybe it's what you don't see about yourself that's holding you back. Now, executive coach Claudia Shelton reveals how her revolutionary approach to personal development can help you recognize your personal blind spots — and then take immediate action that will lead to unprecedented personal achievement. Blind Spots is a proven and realistic approach to professional development that offers a step-based system for gaining a new and clearer perspective on who you are and how you can achieve more. Shelton sees blind spots not as faults or weaknesses, but as doors to possibilities that you couldn't previously imagine for yourself. With this positive outlook, you'll be able to easily modify your attitudes, habits, and behaviors to create new personal strengths. Blind Spots provides the tools you need to build a positive mindset and learn what it is you haven't been able to see about yourself. Once you have that perspective and start working to fulfill your ultimate potential, unlimited success will be right around the corner. Shelton offers a complete system for identifying and adjusting personal behaviors and habits that hold you back. You'll learn the five most common blind spots, the five principles that open your thinking to new ways of doing things, and specific strategies that help you implement effective action. And you'll discover simple steps you can take to improve your performance — and your life — immediately. No matter what you want to achieve in life, this one-of-a-kind guide will help you tear down the walls between you and what it is you want — whether that's a promotion, a new business, optimum performance, greater recognition, more social impact, a more balanced personal life, enhanced personal relationships, or any other goal. From the Back Cover Praise for Blind Spots "Shelton's open and candid style inspires trust among readers. Management teams and those making career choices can push their effectiveness up a notch with her skilled approach to facing blind spots and moving beyond them." —Rick McNutt, Executive Vice President, National City Bank "Blind Spots gives individuals a comprehensive, but very manageable, set of tools and strategies to see themselves differently. The stories of people whose lives have been changed by Shelton's principles and techniques enhance the strategies she presents. This is a compelling book with the power to improve lives dramatically." —Eleta A. Jones, PhD, LPC, Assistant Director, Center for Professional Development, University of Hartford "Shelton's approach to identifying blind spots goes to the heart of effective

leadership. Such interest arose from this work that requests poured in for not only follow-on training regarding Blind Spots, but also for developmental coaching. Six months later, people are still talking about Blind Spots." mdash;Jack Bergquist, Vice President, Kaman Aerospace "When I recognized my blind spots that made me underestimate my entrepreneurial strengths, I was able to move forward to launch a successful company. This book is a must for building resilience to face the challenges of a start-up." mdash;Marilyn Nemarich, entrepreneur and owner, Marilyn's Pies "This book can teach you how to see inside yourself. As I was reading it, I kept thinking of the song On a Clear Day You Can See Forever. Learning about your blind spots leads to clear sight, which can create possibilities for innovation and growth." mdash;Jane Hunt, Assistant Vice President for Executive Development, The Hartford Financial Services Group, Inc.